



ລາວຣັກບີ
LAO RUGBY

ANNUAL REPORT

2018

President's Note



Dear Friends of Lao Rugby, 2018 was a star-studded year filled with new international records, extraordinary growth and progress across all levels of rugby in Laos. We were delighted to be able to showcase our growth this year, hosting 11 global rugby superstars and 17 international teams across the year. Alongside holding 14 club competitions and 71 youth competitions in Laos, 2018 was also an exciting year for international travel for our players and coaches. We visited 8 countries for a variety of learning exchanges and competitions this year, including a busy travel calendar for our junior and senior representative teams. In taking to the field in new and returning competitions around the region, we are delighted to continue to develop young talent and build strong role models across the LRF's elite programme.

We are also proud to have extended our rugby footprint further across Laos this year, with our Champa Ban Youth Rugby program expanding into 7 districts. 139 active Champa Ban Coaches continued to provide opportunities for children and youth to learn and grow with us, with 41 teachers

among their ranks. Our strong coaching pathways have also enabled further positive progress in the World Rugby Training and Education domain, with new opportunities provided to solidify our platform for the growth of rugby in Laos. With assistance from Hong Kong Rugby Union and Thai Rugby Union, we were able to accredit 2 new Coach Educators, 21 World Rugby Level 1 Coaches, and 8 World Rugby Level 1 Referees this year.

At the elite level, the Lao National Men's and Women's teams recorded 9 international victories and scored 37 international tries between them in a successful year on the pitch. The Lao Women's National Team recorded a record finish in Brunei in the 2018 Asia Rugby 7s Trophy, coming in as Plate Runners Up after winning four matches out of six (including producing some major tournament upsets). Their U18 counterparts - the Lao U18 Women's National 7s Team - also produced some stunning displays to come away with the Bowl Trophy at the Asia Rugby U18 7s.

These performances followed strong showings from our

domestic clubs, with a notable mention for the Vientiane Lions who succeeded in recording a double as they came away with the Cup Trophy at the Vientiane International Rugby 10s and the Bangkok International 10s. The future for rugby looks bright with a growing number of teams at the U17 level transitioning to contact and gaining valuable experience against international club teams.

As the LRF continues to develop, we would like to thank our ever expanding family of stakeholders, partners, and sponsors for your unwavering support. Your dedication to our vision has made the success of 2018 possible. Join us in reflecting on what has been another successful year for the Lao Rugby Federation and in looking forward to future achievements as we continue to strive to provide access to rugby opportunities to all in the Lao PDR.

Sincerely Yours,

Mr. Virayouth Rathikoun
LRF President



LRF'S ANNUAL REPORT 2018



ACTIVITIES

LRF activities are focused on developing rugby through school and community development initiatives, supporting domestic and elite teams, and establishing a foundation that provides transparent and accountable financial and administrative support to every team, new and old, in the country of Laos.

MISSION

The mission of the LRF is to provide opportunities for men and women, boys and girls, social and elite players, and those in urban and rural areas to participate in the sport of Rugby, whilst ensuring that health and personal development are realised to their fullest extent.

ENGAGEMENT

This mission will be achieved by ensuring that the LRF has the necessary capacity to deliver high quality playing and participation opportunities to residents across Laos, which we are hopeful will increase the National Olympic Committee and Ministry of Education and Sport support, while also; engaging with communities, businesses, schools, institutions and other partners to provide sustainable access to playing and non-playing participants.

VISION

The LRF is the governing body for all Rugby activities within the Lao PDR. It works to realise the vision of a Lao PDR in which all people have the opportunity to participate in the sport of Rugby.

EXECUTIVE BOARD



MEMBERSHIP AND REGISTRATION

NATIONAL SPORT FEDERATION

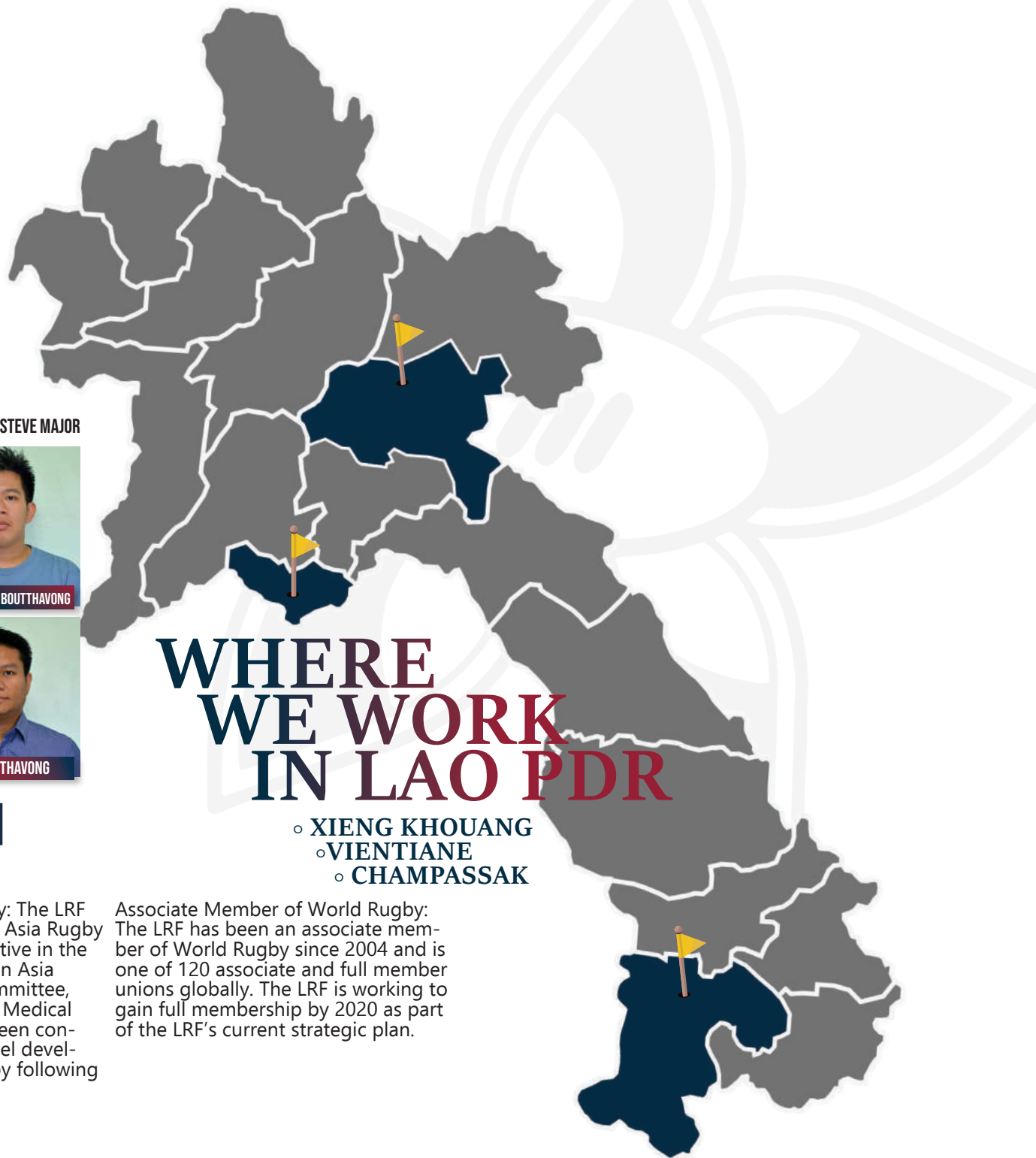
The LRF sits under the Elite Sports Department of the Lao Ministry of Education and Sport where more than 41 sports are registered as National Sport Federations. The LRF's Executive Board is approved by the Ministry and all rugby activities are governed according to the LRF's constitution.

Full Member of Asia Rugby: The LRF has been a full member of Asia Rugby since 2004 and remains active in the regional body with seats on Asia Rugby's Development Committee, Women's Committee, and Medical Committee. The LRF has been consistently praised as a 'model developing union' by Asia Rugby following union reviews annually.

Associate Member of World Rugby: The LRF has been an associate member of World Rugby since 2004 and is one of 120 associate and full member unions globally. The LRF is working to gain full membership by 2020 as part of the LRF's current strategic plan.

WHERE WE WORK IN LAO PDR

- XIENG KHOUANG
- VIENTIANE
- CHAMPASSAK



ELITE RUGBY



Lao Men's and Women's 7s Teams
Lao Men's National 15s Team
U17 Lao Men's and Women's National 7s Teams
Lao Men's and Women's Nagas Representative Teams

CLUB RUGBY



Annual Vientiane 10s International Competition
Men's and Women's 7s Colours League
Men's 15s Colours League

CHAMPA BAN YOUTH RUGBY

3,688 players actively involved in Champa Ban powered by ChildFund Pass It Back youth rugby programming (1,683 male, 2,005 female)



LEADERSHIP DEVELOPMENT

139 Champa Ban powered by ChildFund Pass It Back Coaches (65 male, 74 female)
2 World Rugby Coach Educators certified
21 World Rugby Level 1 15s Coaches accredited
8 World Rugby Level 1 Match Officials trained



The LRF's work is divided into four areas as shown here. The base of the LRF's work is in developing the sport through school and community development initiatives in our Champa Ban Youth Rugby program. Champa Ban means 'blossoming flower' in Lao language and Champa Ban Youth Rugby ac-

tivities aim to offer quality sport programming for children and youth that help young people to develop their rugby skills while also learning about rugby's values including passion, solidarity, discipline, integrity and respect.

Many young people graduate from Champa Ban Youth Rugby to join club rugby teams and from there some are also selected for the Lao National teams and other representative teams under the LRF's elite rugby programming. Our Leadership Development work aims to improve and de-

veloping a sound structure to provide transparent financial and administrative support to the sport. This area of work supports staff members and Coaches to learn how to lead rugby activities in a safe and accountable way.

IN 2018 ACCOMPLISHMENTS



THE LRF TIMES

The LRF achieved exciting accomplishments in 2018. In our Champa Ban Youth Rugby work, the LRF expanded to 7 new districts in Laos, hosted 71 competitions and delivered 2278 rugby and life skills sessions. In our club rugby work, the LRF welcomed a new club, Xieng Khouang Rugby Football Club as full members of the LRF and hosted 14 competitions including the first U14 club competition with 8 participating Lao teams and 2 visiting teams. In our elite rugby programming, we earned 9 international victories including over Brunei, Nepal, Guam and Indonesia.



In 2018 the LRF also hosted 11 international superstars including Charlotte Caslick who traveled to Laos to support with coaching and inspiring the LRF's blossoming Champa Ban Youth Rugby scene. 2018 also saw 2 new Lao World Rugby Coach Educators certified so World

Rugby Level 1 Coaching Courses can now be run in Lao and Hmong languages for up and coming leaders interested to build their rugby coaching skills. A final remarkable achievement the LRF celebrated in 2018 was Ms. Lao Khang, the LRF's Xieng Khouang Rugby Development Coordinator

being named one of BBC's 100 Women of 2018. Lao Khang became the first Lao recipient of the award recognising her years of work to grow the sport of rugby in Xieng Khouang, especially for female players and coaches in rural areas.



54%



2005

46%



1683

PLAY TOGETHER

- Launch of regional sport for development program called Pass It Back in partnership with Child-Fund Australia, Women Win, and Asia Rugby brings in 715 registered youth players and 20 coaches across 40 teams from Xieng Khouang and Vientiane.
- 60 individuals completed a "First Aid for Rugby" training course in partnership with Asia Rugby Medical Committee and Lao Red Cross.
- Over 20 youth teams in Nong-het participated in a tournament in honor of International Women's Day.
- 40 youth leaders from Xieng Khouang attended their first English for Sport Camp.
- Successfully organized two tag tournaments in conjunction with the Rugby World Cup for Vientiane players with nearly 200 player and coach attendances.





CLUB RUGBY

24 Senior Men's and Women's Club Teams from across Asia, Australia, and the United States traveled to Vientiane for the 2018 Vientiane International Rugby Championship. The DAC Weredragons won the Men's Cup Trophy with the

Vientiane Lions winning the Women's Cup Trophy.

The Vientiane Lions completed the double, travelling to Bangkok for the 2018 Bangkok International 10s and defending the Cup Trophy.



The Colours League tournament expanded into Xieng Khouang for the first time.

The U14 Champa Ban Championship was a historic event that saw twelve 7s teams come together in contact competition for the first time.



LRF'S
ANNUAL
REPORT
2018



Elite Rugby

lao representative teams

The DAC Lao U18 Nagas Men's teams participated in the Bangkok International Rugby 7s from 10-11 November and recorded a 3rd place finish.

The DAC Lao Nagas Women's team finished as Runners Up in the Singapore Life Girls Rugby TRC Cup.

The DAC Lao Nagas teams took the pitch in the Lai Si Construction Kowloon RugbyFest (with the Women's team winning the Plate) before playing an exhibition match at the GFI Hong Kong Football Club 10s.

At the elite level, the Lao National Men's and Women's teams recorded 9 international victories and scored 37 international tries between them in a successful year on the pitch.

The Lao Women's National Team recorded a record finish in Brunei in the 2018 Asia Rugby 7s Trophy,

coming in as Plate Runners Up after winning four matches out of six (including producing some major tournament upsets).

The DAC Lao U18 Women's National 7s Team - under the guidance of World Rugby Level 2 Coaches, Boudsadee 'Vaen' Vongdala and Lao Khang - won the Bowl Trophy at the Asia Rugby U18 7s held in India. The team recorded wins against Bangladesh, Nepal and Chinese Taipei.

The DAC Lao Men's National Team participated in the Asia 7s Trophy in Singapore. With the team in a transition phase, it was a tough campaign, yet finished with a strong victory against Nepal.

The DAC U18 Lao Men's National Team participated in the Asia Rugby U18s 7s in Malaysia from the 8-9 December.







Capacity Development

In 2018, 139 Champa Ban powered by ChildFund Pass It Back coaches earned new certification levels at the 2018 Pass It Back Coach Training.

XXX individuals earned new World Rugby Certifications in a variety of areas including Coaching, Officiating, and Strength & Conditioning, with Viengsamai

Souksavanh and Lao Kang becoming Laos' first internationally qualified female Coach Educators.

A rugby and english language camp was held to support our young leaders to access resources and interact with, and learn from, visiting coaches.



Challenges

ELITE RUGBY

Lack of consistent coaching support;
Men's National Team currently in transition;
Limited structured rehabilitation processes in place for injuries.

CLUB RUGBY

Limited pitch access and availability;
Lack of regular competitive fixtures;
Limited structured coaching support;
Player numbers and cost limits
15-a-side competitions;
High cost of overseas travel limits international club competition.

ADMINISTRATION

Expansion into new districts resulting in overstretched staff members;
Limited funding available;
Clashing events and competition dates result in strained staff.

CHAMPA BAN YOUTH RUGBY

Limited availability of suitable pitches for contact rugby;
Competing budget priorities restrict opportunities for development;
Safety concerns from community leaders around contact rugby.



FINANCIAL

EXPENDITURE	2018
Administration Expenses	\$16,180.00
Bank Charges	\$828.00
Communications and Fundraising	\$5,362.00
Institutional Capacity Building	\$103,082.00
Staffing and Employee Costs	\$24,741.00
Domestic Club Rugby Activities Expenses	\$4,003.00
Vientiane International Rugby Championship (VIRC)	\$12,124.00
Combined DAC National Teams (Men's/Women's)	\$33,396.00
DAC Men's National Team	\$22,286.00
DAC Women's National Team	\$26,955.00
International Representation and Membership Fees	\$4,318.00
Champa Ban All-Stars (U16/U17)	\$12,700.00
Champa Ban All-Stars (U14)	\$8,195.00
Champa Ban Youth Rugby	\$175,475.00
Miscellaneous	\$9,186.00
TOTAL	\$458,831.00

INCOME	2018
Restricted funds received	\$305,349.00
Attendance grants	\$4,589.00
Club payments	\$0.00
Merchandise Sales	\$1,469.00
Restricted Sponsorship and Donation	\$123,993.00
Unrestricted Sponsorship and Donation	\$3,779.00
Vientiane International Rugby Championship (VIRC)	\$8,606.00
Others	\$19,848.00
Total	\$467,633.00

2018 REPORT

2018 IN REVIEW

LET'S LOOK BACK OUR
MONTHLY ACTIVITIES



LRF'S
ANNUAL
REPORT
2018





JANUARY

International Coach Educations Development
 The LRF's Rugby Development Manager, Pisa Vongdeuanpheng gained further international coaching experience as he travelled to Vietnam to lead a contact training clinic for the Vietnamese ChildFund Pass It Back Coaches who played for the DAC Weredragons in the DHL

Vientiane International Rugby Championship.
 Sport for Tomorrow Event
 Four U13 and U16 teams travelled to Moukdahan Province, Thailand to participate in a Sport for Tomorrow event hosted by Thai Rugby Union and Japan Rugby Football Union.





FEBRUARY:

Vientiane International Rugby Championship The 11th Annual Vientiane International Rugby Championship was held as part of the Lao Rugby Festival. Held at Chao Anou Vong Stadium from 3-4 February, the 2018 VIRC featured a total of 24 senior teams across Men's and Women's elite divisions and the Women's U17 division.

100 World Legends Tour In early February, three retired rugby legends – Frank Bunce of the New Zealand All Blacks, Paddy Johns of Irish Rugby, and Junior Paramore of Manu Samoa – came to Laos to participate in the DHL Vientiane International Rugby Championship and

later visited our Champa Ban powered by ChildFund Pass It Back It Back work in Xieng Khouang Province.

Leah Berard Referee Workshop World Rugby Referee Leah Berard led a workshop to up-skill LRF match officials before joining them and providing support and analysis at the VIRC.

Lao Rugby Awards The inaugural Lao Rugby Awards was hosted on February 4, recognising individuals and groups for exceptional performance, efforts and service to rugby in Laos.





MARCH



U14 Champa Ban Selection Trials

Over 100 U14 players participated in a Champa Ban selection event hosted to choose teams for the upcoming event and to facilitate the transition of players from tag rugby to full contact rugby.

Women in Leadership Event

Three of LRF's staff members - Lao Kang, Boudsadee Vongdala, and Aeng Kang - spoke at a US Embassy event at the Vientiane American Centre to share their experiences as leaders in

the growth and development of rugby in Laos, with a focus on female empowerment.



APRIL

Coaching Workshops

The LRF's National Team Leadership Committee attended a two day coaching workshop in Hong Kong, led by Hong Kong Rugby Union.



Kowloon RugbyFest and GFI HKFC 10s

On 4 April, the DAC Lao Nagas teams took the pitch in the Lai Si Construction Kowloon RugbyFest, before the DAC Lao Women's Nagas played Hong Kong Football Club ICE as part of GFI Hong Kong Football Club (HKFC) 10s.

U14 Champa Ban Championship

On 29 April, the LRF hosted the U14 Champa Ban Championship featuring 10 teams from Vientiane and Xieng Khouang alongside visiting sides from Hong Kong Football Club (Fire and Ice).

MAY-JUNE

World Rugby Educator Course Coaches and DAC Lao National Team players, Viengsamai Souksavanh and Lao Khang, travelled to Hong Kong to participate in the World Rugby Coach Educator course and became Laos' first internationally qualified female Coach Educators.

Ban powered by ChildFund Pass It Back competitions across June in Xieng Khouang and Vientiane.

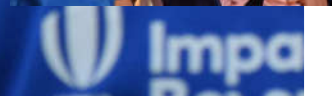
U16 Rugby and Life Skills Camps U16 boys and girls rugby and life skills camps were hosted in Xieng Khouang.

International Children's Day Celebrations
The LRF celebrated International Children's Day by hosting Champa

Rugby and English Camp
A rugby and english language camp was held from 17-21 June to support our young leaders to access resour-

es and interact with - and learn from - visiting coaches.

5th Annual ChildFund Pass It Back Coach Training
More than 70 Coaches from across 10 Districts in Laos attended the 5th ChildFund Pass It Back Coach training as they engaged with rugby and life skills coaching, safeguarding, first aid, measuring change and team management content.



JULY

DAC LAOS NAGAS 7S MATCH AGAINST THAILAND
THE DAC LAOS NAGAS MEN'S 7S TEAM TRAVELLED TO THAILAND TO PLAY AGAINST THAILAND RUGBY UNION IN A SERIES OF PREPARATION GAMES FOR THE UPCOMING ASIA RUGBY 7S TROPHY.



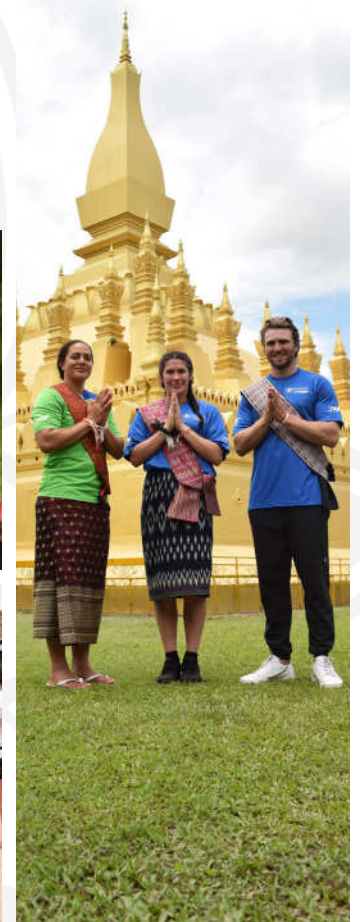


AUGUST

Asia Rugby 7s Trophy
The DAC Lao National Team competed at the Asia Rugby 7s Trophy in Singapore on 4-5 August.

International Rugby Superstar Visits
Lewis Holland, Charlotte Caslick and Rebecca Tavo visited our Champa Ban powered by ChildFund Pass It Back teams in Vientiane and Xieng Khouang to support the growth of rugby in Laos from 16-22 August.







SEPTEMBER

Colours League

The first ever Colours League tournament hosted in Xieng Khouang took place on September 8th, with competitions also ongoing in Vientiane across the month.

Vientiane Province Expansion

LRF expanded our work across Vientiane Province, with Champa Ban powered by ChildFund Pass It Back player recruitment campaigns beginning in new districts.

JENESYS Exchange

Our LRF staff member and Champa Ban powered by ChildFund Pass It Back Coach - Saykham - attended the JENESYS Exchange in Japan to develop his rugby skillset.

Asia Rugby Club 7s

The DAC Lao Nagas Women's 7s team travelled to Bangkok to take part in the Asia Rugby Club 7s from 29-30 September as they prepare for the international events in October.



OCTOBER



Bangkok Southerner 10s
The DAC Junior Nagas played in the Southerner 10s in Bangkok to gain valuable international experience.

Growing the Game Conference
The LRF's Rugby Development Manager, Pisa Vongdeuanpheng, attended Asia Rugby's Growing the Game Conference in Fukuoka, Japan to gain insights from the rugby family across Asia.

Asia Rugby 7s Trophy
The DAC Lao National Team recorded a best ever international finish as Plate Runners Up in the Asia Rugby 7s Trophy held in Brunei from 20-21 October.

Asia Rugby U18 7s
The DAC Lao U18 National Team were Bowl Winners at the Asian Rugby U18 7s competition held in India from 26-28 October.



NOVEMBER



Bangkok 7s
The DAC Lao U18 Nagas Men's teams participated in the Bangkok International Rugby 7s from 10-11 November and recorded a 3rd place finish.

Coach Education Courses
Hong Kong Rugby Union provided an upskill training for our World Rugby Level 2 Coaches to support them on their path towards Level 3 accreditations.

BBC 100 Women 2018
The LRF's Xieng Khouang Rugby Development Coordinator, Lao Kang, was named as one of the BBC 100 Women of 2018.



DECEMBER



International Day of Persons with Disabilities Celebrations
In conjunction with the International Day of Persons with Disabilities, the LRF took part in a series of tag rugby activities with colleagues from Japan Rugby Football Union, ADDB and Lao Paralympics.

Asia Rugby U18s 7s

The DAC U18 Lao Men's National Team participated in the Asia Rugby U18s 7s in Malaysia from the 8-9 December.

Singapore Life Girls Rugby TRC Cup

The DAC Lao Nagas Women's team participated in the Singapore Life Girls Rugby TRC Cup on 8 December.



Special Thanks
to our main sponsor

DAAC

THANK YOU TO OUR SPONSORSHIP

PLATINUM:



GOLD



SILVER:



BRONZE:



COMMUNITY PARTNERS:



Platinum Sponsors:
DAC

Gold Sponsors:
Vientiane College,
Pot Bellied Pigs,
Coca-Cola

Silver Sponsors:
DHL,
Heineken,
New Zealand Rugby Resources

Bronze Sponsors:
DFDL Legal & Tax,
Mercure Vientiane

Thanks to our Curriculum Partners
ChildFund Pass It Back
Asia Rugby
World Rugby Impact Beyond 2019
Women Win
Proudly supported by; Australian Aid

Thanks to our Community Partners
Princeton in Asia
Glendale Raptors
Kowloon RFC
Singapore Rugby
Hong Kong Rugby Union (HKRU)
Thai Rugby Union
UAE Rugby
Japan Rugby
JENESYS
CONVERSION/Shrewsbury House School
British Embassy in Vientiane
French Embassy in Vientiane
US Embassy in Vientiane

Thanks to Key Supporters
LTE
ESF Kennedy School
Friends of Lao Rugby in Hong Kong

Thanks to our Kit Donors
Escapade Sports
Streamline Sports
Valley RFC
Sandy Bay RFC
Hong Kong Football Club
Kukri
YMCA of Hong Kong Christian College
Hong Kong Cricket Club
DHL
ESF Kennedy School

Thanks to our Donors and Player Sponsors
Wesley Feausi
Maggie Dillon
Alby Pattison
Dustin Penrod
Maevie and Leo Madden
Winrock Advisors LTD
Kristin McBreen
Emily Gaughn
Hanoi Dragons
Saigon Rugby Club
Hong Kong Cricket Club
Phonsak Leasing Co., Ltd
Mike Coates



Special Thanks

to our Teams

THANKS TO OUR STAFF

VIRAYOUTH RATHIKOUN
SOUK PRASAY SITHIMOLADA
SOMSANOUK MIXAY
DR. BOUNTHAVY
SISOUPHANTHONG
VINAY INTHAVONG
STEVE MAJOR
PHANAVANH BOUTTHAVONG
VIENGSAMAI SOUKSAVANH
PISA VONGDEUANPHENG
SAVANHXAY XAYYASONE
ANOULEK DUONGDALA
MEGAN KNIGHT
STEPHANIE KIM
LAO KHANG
AENG KHANG
VANNAXAY SOMSUTHI
PHONESAK KHOMSAD
AENG KHANG
YUR HA
SOULISA SOUWATDIPHON
BOUSADEE VONGDALA
YIA YAR
NOY SOMBATNIYOM
KOUNG FAIYSAMAI
THIPPACHANH KEOMANISAY
TOU SEANGAUMPHRN

THANKS TO OUR VOLUNTEERS

JENNY REDDEN
STEPHEN WELD
MAX CHEVALIER
SARAH OWENS
CLIVE HAMMOND
XAISONKHAM INDUANG-
CHANTY
JACOB CAWTHORNE
ALETA PHELPS
SARAH DOUANGPHACHONE
KHOUNKHAM DOUANGPHA-
CHONE
ANDREW GLOVER
ALAN HAVERTY
MR. KEOLA
VIENTIANE COLLEGE TEACHER
ASSISTANTS
PRINCETON IN ASIA FELLOWS
STEVE JONES
CHRIS GARVEY
ADRIENNE GARVEY
JAMES OWENS
PATRICIA LIU
MADELEINE ADCOCK
PANOY PHANALASSY
PHONESAVANH SOUVANASY
HANNAH MCDONALD-MONIZ
KATDY SOUNSIRI



ANNUAL REPORT

2018

info@laorugby.com

www.laorugby.com

